

Policies Concerning Eligibility and Discipline

To create a fair and positive experience for your child, the MJFL would like to go over the following rules concerning eligibility for play and disciplinary action, if needed.

- 1) 15 full hours of non-contact supervised conditioning must be met during scheduled practice times, no exceptions.
- 2) Every child must attend at least 3 FULL scheduled practices, or the equivalent thereof, to be eligible to play on Saturday. For example: If practices are Monday through Thursday 5:30-7:30, a player must attend and participate in an equivalent of (3) full practices, or 6 hours of scheduled practice time to be eligible to play on Saturday. Friday, 1 hour, walk through practices are optional to coaches. They are considered half practices. If a coach wants to hold a full practice on Friday, he can, but in order to be a full practice, it must be a two (2) hour practice. Example 2: If practices are Monday through Thursday 5:30 to 7:00, a player must attend and participate in the equivalent of three (3) full practices, or 4 ½ hours of scheduled practice time. Friday, 45 minutes to one (1) hour, walk through practices are optional to coaches. They are considered half practices. A full Friday practice that week would be one and one-half (1 ½) hours.
- 3) Disciplinary issues will be directed to the board for consideration and solution. This applies to both players and coaches.
- 4) The coaches will submit a list to the board President on Friday before Saturday's game of players that are ineligible. All appeals to the policy and extenuating circumstances will uniformly be considered with the board being the sole decision making body of all eligibility and disciplinary issues. All other matters related to eligibility and disciplinary issues not specifically identified herein, will be presented to the board President for immediate consideration and solution.

It is the intent of the MJFL to create a uniform structure to apply all necessary policies and procedures to ensure a positive football experience for your child. We are looking forward to a great MJFL season.

MJFL Board